

PRESS RELEASE



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FOR IMMEDIATE RELEASE

All New Episodes of Judie Byrd's Kitchen will Premiere Saturday, September 12th on FamilyNet!

(ATLANTA), August 31, 2009 – Season three of FamilyNet's award-winning cooking show, *Judie Byrd's Kitchen*, will begin airing Saturday, September 12th at noon and weekdays at 3:00 p.m. (ET). For more information, visit www.familynet.com or check your local cable guide for channel listings and encore showings.

During season three, culinary expert Judie Byrd, shows moms and dads how to make scrumptious, simple and savory meals for their family in 30 minutes or less! Understanding the hurriedness of everyday life, Judie is the master chef on "how to" create wonderful, mouth-watering dishes right from her kitchen in half the time it normally takes. Judie's recipes are so quick and easy, even the busiest families can have meals together at the dinner table and remain on schedule! Some of Judie's favorite themed dishes featured this season are: Fish Tonight, Family Dinner, Mom's Best Recipes, Cook with Your Kids, Luscious Desserts, Teen Birthday Party, Picky Eaters, and Chef Secrets.

To pre-promote the new season launch, FamilyNet will air a three-day, six hour marathon of *Judie Byrd's Kitchen* during Labor Day weekend. Back-to-back episodes from seasons one and two will feature the best in outdoor grilling, down home favorites, fabulous party food, great gathering dishes and the perfect meal for Sunday dinner. "Judie Byrd's Labor Day Marathon" will air Saturday, September 5th at noon and 9:00 p.m. with encore showings on Sunday, September 6th at 9:00 p.m. and Monday, September 7th at noon. To culminate the marathon, FamilyNet will give viewers a taste of *Judie Byrd's Kitchen* season three with a sneak peak preview of two, all new episodes. To learn more about *Judie Byrd's Kitchen*, get amazing recipes and how-to-tips, visit www.familynet.com.

Judie Byrd's Kitchen is produced in Dallas-Fort Worth, Texas. Season four production begins October 5th and all new episodes will air on FamilyNet 1st Qtr. 2010.

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About Judie Byrd

Chef Judie Byrd is the founder of the Culinary School of Fort Worth and the creator of Super Suppers, a national chain of grab-and-go concept stores featuring Judie's signature take n' bake prepared entrees, sides and desserts. She is also a member of the International Association of Culinary Professionals. Judie's recipes, comfort meals and tasty treats have been featured in Family Circle, Reader's Digest, Women's Day, Parents, Weight Watchers, Better Homes and Gardens, Family Circle and Entrepreneur Magazines. Judie is spokesperson for Honeysuckle White Turkey. She is a culinary expert and is a frequent guest on television and radio stations throughout the United States.

About FamilyNet Television

FamilyNet is America's trusted entertainment television network that provides responsible viewing choices for today's family. Our mission is to develop quality television "made for families" with must-see originals, kid's favorites, classic movies, action series, sports and lifestyle programs. Reaching over 26 million television households nationally, FamilyNet is the nation's premier family entertainment network. For more information about FamilyNet, visit www.familynet.com.